

December 2008 Newsletter

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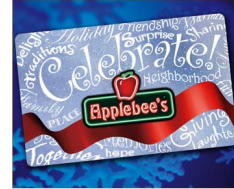
Earn Points for Gift Cards

Starting on December 8th Wolf Family Wellness Center will be giving patients points for referrals, attending health care talks, and for purchasing nutritional or exercise products.

The gift cards will be from places like Wal-Mart, Sentry, PDQ, and Applebee's. For every 20 points you earn, you receive your choice of a \$25 gift card.

The points system will be as follows:

- 5 points for a scheduled referral.
- 5 points for completing a detoxification.
- 2 points for attending a health care talk.
- 2 points for every nutritional or exercise product purchased.
- 1 points for scheduling and keeping your next appointment.



Special Product Discounts

Echinacea-C by Standard Process - \$14.00

Echinacea primarily supports the immune system by helping various types of white blood cells. Echinacea also increases the number of neutrophils, an important part of the body's immune system that maintains white blood cells. Echinacea-C combines this useful herb with vitamin C complexes from a variety of sources. Each bottle contains 90 tablets and each tablet contains 135mg of Echinacea.

Vitamin D-1000 - \$8.00

Although long known for its ability to enhance calcium absorption, current studies reveal a wider range of health benefits from vitamin D supplementation including enhanced immune function, colorectal health, and anti-tumor activity. Each bottle contains 100 tablets and each tablet contains 1000 IU of vitamin D3.

Detoxification at Wolf Family Wellness Center

We have many patients and non-patients that have gone through this program. The benefits of learning about and going through a true detoxification could be endless. A few common side effects of going through a physician assisted detoxification include but are not limited to:

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| ○ Permanent Weight Loss | ○ More Restful Sleep |
| ○ Increased Energy | ○ Less Allergies |
| ○ Less Arthritis Pain | ○ Less Irritable |
| ○ Elimination of Headaches | ○ Less Fatigue During Day |

At Wolf Family Chiropractic we have taken many hours of continuing education on diet, nutrition, supplementation, and exercise and have devised an excellent program that detoxifies the body of chemicals. When the body is rid of toxins it can function at an optimal level. This means that the body can heal itself and fight off acute and chronic diseases. We will be offering free classes at our clinic on Detoxification starting on Tuesday, December 30th at 6:00 PM. The class is about 45 minutes and appetizers and refreshments will be served.

Trying to come up with the perfect gift idea for that special person?



Wolf Family Wellness Center
is now offering
Holiday Cards
and Gift Certificates



Through December 23rd

Wolf Family Wellness Center will be closed
Wednesday, December 24th - Sunday, December 28th

Merry Christmas!!

From, Drs. David and Kelly Wolf

